

To be given on Psychiatrist's letterhead

Date:

LETTER OF REFERRAL FOR GENDER-AFFIRMING MEDICAL AND SURGICAL CARE FOR TRANS MAN

To Whom It May Concern:

I have assessed the individual (Date of Birth: _____ birth-assigned sex: female, assigned name: _____). The individual affirms his gender as MALE (preferred name: _____). On taking case history, I have found that he has had persistent gender incongruence from an early age. [see endnote 1]

The individual has no psychotic symptoms or other psychiatric conditions. The only finding is that of gender incongruence. [see endnote 2]

He is legally an adult, his cognitive functions are normal and he has the capacity to consent to medical care, including understanding of risks, benefits, and fertility effects of required procedures.

He is fully capable of affirming his gender identity as a MAN, vide Section 7 of the Transgender Persons (Protection of Rights) Act 2019, as described in the Rules (2020) notified in the Gazette [G.S.R.592(E)] by the Ministry of Social Justice And Empowerment, New Delhi, the 25th September, 2020.

This certificate serves as my letter of referral for further gender-affirming care such as gender-affirming hormone therapy and gender-affirming surgery.

Dr. Name
Designation
Institution:

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Date:

**LETTER OF REFERRAL FOR GENDER-AFFIRMING MEDICAL AND
SURGICAL CARE FOR TRANS WOMAN**

To Whom It May Concern:

I have assessed the individual (Date of Birth: _____ birth sex: male, assigned name: _____). The individual affirms her gender as FEMALE (preferred name: _____). On taking case history, I have found that she has had persistent gender incongruence from an early age. [see endnote1]

The individual has no psychotic symptoms or other psychiatric conditions. The only finding is that of gender incongruence. [see endnote 2]

She is legally an adult, her cognitive functions are normal, and she has the capacity to consent to medical care, including understanding of risks, benefits, and fertility effects of required procedures.

She is fully capable of affirming her gender identity as a WOMAN, vide Section 7 of the Transgender Persons (Protection of Rights) Act 2019, as described in the Rules (2020) notified in the Gazette [G.S.R.592(E)] by the Ministry of Social Justice And Empowerment, New Delhi, the 25th September, 2020.

This certificate serves as my letter of referral for further gender-affirming care such as gender-affirming hormone therapy and gender-affirming surgery.

Dr. Name
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